

CHAPTER CHALLENGES

Your Promise Life Chapter is **more than** simply women gathering to use the Promise Life Curriculum, it is an active extension of the vision we unite around— to see every woman equipped in her purpose, passion, and potential.

From the heart through the hand, Chapter Challenges are options for you to teach your women to **practically live out** the lifestyle of a Promise Life Woman.

We strongly encourage every Promise Life Leader to incorporate the challenges listed below into your meetings.



CHAPTER CHALLENGE #1

Invite 10 or more women to the Promise Life Leadership Webinar. Win a prize!

For our [Promise Life Leadership Webinar](#) we want to see you inviting the women in your Chapter and local community to register and join us at the webinar.

**In order to complete this Challenge and receive a prize, you must email us the names and email addresses of those women by one week before the webinar.*

CHAPTER CHALLENGE #2

Host a dinner to honor local women in leadership.

Ask Chapter members to identify local women in leadership from your community—government leaders (from varying political parties), CEOs, business owners, professors, and pastors. Invite them to a dinner to honor, serve, and thank them. Explain who the Promise Life Woman is and preach the gospel of Jesus Christ. Ask for nothing in return.

CHAPTER CHALLENGE #3

Focus a meeting on teaching women to lead themselves by studying and applying the Word of God.

Make a list of (New Testament) Biblical commands. Break the women into groups of 2-3, and assign each group one command to study. Ask each group to come up with a list of ways to live out the command both this week and this year. This challenge teaches your women to build their lives on the Word of God and be transformed by the renewing of their minds.

CHAPTER CHALLENGE #4

Choose a woman who is diverse in denomination, ethnic majority, or age demographic and invite them to join your Chapter for a session.

Tell each member to “invite a woman to the next meeting who is vastly different from you.” Or, find a women’s group who is diverse from yours in some way and invite them to do a joint meeting! This challenge encourages members to value all kinds of diversity.

CHAPTER CHALLENGE #5

Choose a co-leader for your Chapter to cultivate a discipleship legacy.

Send an email to leaders@PromiseLifewomen.org to give our team your co-leaders name and email for our files. Encourage this co-leader to create a new Chapter when she is ready. Leaders make leaders! This challenge allows you to multiply and extend your leadership exponentially.

CHAPTER CHALLENGE #6

Ask each woman in your Chapter to choose a discipleship partner throughout the course of your sessions.

This could be an older woman who she would like to learn from, or a younger woman who she would like to invest her time in. Mentorship doesn't have to be overwhelming— it can be bite-sized! Ask these women to meet regularly together one-on-one for only a six-month period. This challenge creates pathways for inter-generational legacy.

CHAPTER CHALLENGE #7

Take a personality test together.

Use a meeting time to take a personality test to help your women identify their gifts. Some fun ones are the Enneagram, Myers Briggs, and Strengths Finder. As you discuss each woman's results, exhort, build one another up, and pray for them. This challenge teaches women to call out strengths in one another and helps them put language around their own giftings. *Note:* some versions of these tests require purchase.

CHAPTER CHALLENGE #8

Spread the leadership.

Each meeting, choose a different Chapter member to lead the session to allow each woman the chance to develop her leadership. At the end of the session, give members space to build that person up. Prophesy words of encouragement, affirmations, acknowledge strengths, and pray for the woman who led the meeting. This challenge teaches your women to edify and exhort one another.

CHAPTER CHALLENGE #9

Share your stories.

Our stories instruct others by testimony. They are meaningful. They are powerful. They are transformative. They are the conduit through which we can share our unique life journey and the impact God has had in changing our hearts and lives with others. Plan a meeting that supports women in learning, in small groups, how to understand and tell their story with confidence and impact. Allow a few women to share a timed version of their story to the larger group.

CHAPTER CHALLENGE #10

Embark on a prayer challenge.

Choose either a 10, 15 or 30-day prayer challenge to do with your Chapter. This could look like praying at the same time each morning, praying for specific breakthroughs in your own life or in the lives of the women in your Chapter or praying through a specific passage of Scripture together each day.
